

## CLAIMS

1. A lancet comprising a body having a drive head at one end and a projecting needle at the other end, the body having integral webs projecting down both sides towards the location of the tip of the projecting needle, the webs being of undulating form and of a flexible material so as to act as spring members.
2. A lancet according to claim 1, wherein the undulations of the two webs are out of phase with one another.
3. A lancet according to claim 1 or claim 2, wherein a removable protective cap is provided over the exposed end of the needle.
4. A lancet according to claim 3, wherein the cap is linked to the free ends of the webs by breakable connecting parts.
5. A lancet holder comprising a casing housing a lancet according to any one of claims 1 to 4, and having a drive spring positioned between an end of the housing and the drive head of the lancet.
6. A lancet holder according to claim 5, wherein the drive head of the lancet incorporates a flange resting against a movable rib of the casing and a flexible button on the casing is moveable to release the rib from the flange to enable the drive spring to drive the lancet forwards.
7. A lancet holder according to claim 5 or claim 6, wherein the needle tip is covered by a removable protective cap provided with a head which locates over flanges on the casing, but can be twisted out of contact with the flanges to enable the cap to be removed to expose the tip of the needle.
8. A lancet holder substantially as herein described with reference to the accompanying drawings.
9. Any novel combination of features of a lancet holder as described herein and/or as illustrated in the accompanying drawings.